

**MICHAEL J. LEE, M.D.**

*SPECIALIZING IN THE ART OF REFINEMENT AND REJUVENATION*

## **PREOPERATIVE INSTRUCTIONS**

DATE OF SURGERY: \_\_\_\_\_

ARRIVAL TIME: \_\_\_\_\_

### **PRIOR TO SURGERY**

**FOR TWO WEEKS PRIOR TO SURGERY:** Avoid aspirin, ibuprofen or any product that may include these ingredients unless the medication is cleared by Dr. Lee. Please check the list at the end of the preoperative instructions to see other medications to stop. If you must take something for pain, **TYLENOL** is acceptable.

If you are allergic to medication or latex, please let us know immediately.

Prior to surgery, you must complete some basic preoperative testing one to two weeks prior to surgery. You may also pre-register by phone at (312) 926-2950. If you have had recent surgery, please discuss whether you need testing prior to surgery.

If you are being discharged the same day of surgery, a responsible adult must accompany you home. **THERE ARE NO EXCEPTIONS UNLESS THE SURGERY IS DONE WITH LOCAL ANESTHESIA ONLY.**

If your surgery requires anesthesia, you must not eat or drink anything after midnight the evening prior to surgery, including tea, coffee, and water.

### **DAY OF SURGERY**

If your physician allows you to take medication the morning of surgery, swallow with a teaspoon of water.

Wear casual, loose fitting clothes and shirt that does not have to be pulled over your head but that you can button down the front.

You will be asked to remove all make-up, nail polish, hair pins, hairpieces, false eyelashes, eyeglasses, contact lenses, and dentures (partial and full). Please bring appropriate containers.

You may brush your teeth and rinse but do not swallow water.

If someone is driving you, they may park in the self park lot which is located on Huron between Fairbanks and St. Clair. Bring the parking ticket to be validated for a discounted fee.

Report to the Ambulatory Surgery area on the 6<sup>th</sup> floor of Olsen Pavilion.

When you are in the holding area, you will be seen by a nurse who will take vital signs and ask basic medial questions. An IV will be started.

You will also be seen by an anesthesiologist if your surgery requires anesthesia.

Your family members can wait with you until it is time to go to surgery. They will then be directed to the family waiting room or they can leave until your surgery is completed.

When your surgery is completed, you will be taken to the recovery room where you will be for a minimum of 45 minutes if your surgery requires general anesthesia. Otherwise, you will be transferred to the Ambulatory Surgery Unit or to a reserved bed in the hospital.

You will recover until basic criteria are met. Prior to leaving, instructions and prescriptions will be provided for you. It is important that you and your family member understand these instructions, so review them carefully and ask any questions at that time.

If you have any further questions or concerns, please contact us at (312) 926-5800. We are committed to ensuring that your surgery and recovery are as comfortable and expedient as possible.

Michael J. Lee, M.D.

